

Final overall survival data from a randomized, open-label, phase II study of relacorilant, a selective glucocorticoid receptor modulator, in combination with nab-paclitaxel among patients with recurrent platinum-resistant ovarian cancer

Objectives

Effective treatment options remain limited for patients with advanced, platinum-resistant ovarian cancer. Even physiologic cortisol levels can reduce chemotherapy efficacy and promote tumor progression in pre-clinical models by suppressing apoptosis. In pre-clinical and early-phase clinical trials, the selective glucocorticoid receptor modulator, relacorilant, has shown potential in restoring chemosensitivity and enhancing chemotherapy efficacy. Results of a phase II study among patients with ovarian cancer showed that intermittently dosed relacorilant + nab-paclitaxel (NP) improved progression-free survival (PFS), duration of response, and overall survival (OS) compared with NP alone (Colombo et al. J Clin Oncol 2023). Following the study closure of this trial, we report the final OS results for the intermittent relacorilant + NP versus NP monotherapy arms.

Methods

A total of 178 women with recurrent, platinum-resistant/refractory, high-grade serous or endometrioid epithelial ovarian, primary peritoneal, or fallopian tube cancer or ovarian carcinosarcoma and up to 4 prior chemotherapeutic regimens were enrolled in this open-label, phase II study (NCT03776812). Patients were randomized 1:1:1 to (1) NP (80 mg/m²) + intermittent relacorilant (150 mg on the day before, of, and after NP); (2) NP (80 mg/m²) + continuous relacorilant (100 mg QD); or (3) NP monotherapy (100 mg/m²). NP was administered on days 1, 8, and 15 of each 28-day cycle. PFS was the primary endpoint, with OS as a key secondary endpoint. This abstract focused on the intermittent relacorilant versus NP monotherapy arms, which are the treatment regimens being evaluated in the confirmatory phase III ROSELLA trial (NCT05257408).

Results

After a median follow-up of 38 months, the median OS was 13.9 months (95% CI: 11.1-18.4) for intermittent relacorilant + NP and 12.2 months (7.7-15.3) for NP monotherapy (hazard ratio [HR]: 0.69; 95% CI: 0.46-1.02). Kaplan-Meier estimates of OS were 29.4% (95% CI: 17.7-42.1) and 14.1% (6.6-24.3) at 24 months, and 9.8% (3.6-19.7) and 5.3% (1.4-13.2) at 36 months in the intermittent relacorilant + NP and NP monotherapy arms, respectively. In the subgroup population similar to that being enrolled in the ROSELLA study (patients with 1-3 prior therapies, including prior bevacizumab, without primary platinum-refractory disease), median OS was 17.9 months (95% CI: 11.9-23.1) for intermittent relacorilant + NP ($n=26$) and 12.6 months (6.4-15.3) for NP monotherapy ($n=31$) (HR: 0.49; 95% CI: 0.25-0.92). The safety profile, in the final analysis, remained consistent with the primary analysis, with few event differences between the 2 arms.

Conclusions

With an additional ~16 months of follow-up, the findings from the primary OS analysis were confirmed. The chance of survival at 24 months was doubled for patients receiving relacorilant + NP versus NP alone, with no added safety burden. These promising results have paved the way for the currently accruing phase III ROSELLA trial.

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